



# Author's Note

## *How to use this guide*

Inside these pages you'll find a user-friendly companion for your family's Advent journey. It is both a calendar and guidebook, featuring one practice per day to prepare your heart and home for the birth of Christ. Some activities take five minutes and require no preparation, others are more labor-intensive and must be planned ahead of time. I suggest looking at the week ahead on Saturday and planning for what you will need in terms of materials and time.

In the calendar portion, you'll find the activities formatted as strips to be cut out. If you have a traditional Advent calendar with pockets or doors, place these strips inside the corresponding day. If you do not have a traditional Advent calendar, these strips can be made into a paper chain, so that one link may be torn off each day. There are several blank strips in case you would like to switch out your own activity for a particular day. A short advent-themed scripture passage is also included for each day.

In the guidebook, you will find an explanation, background information, and instructions for each day. These are merely suggestions--do not be overwhelmed! It is up to you to decide what will work for your family. Remember, Advent is about getting ready for the birth of Christ, but slowly and deliberately -- not in a frantic and overwhelming way. This Advent guide is meant to be savored and enjoyed. It is not meant to be one more thing on your to-do list. Most of all, it is meant to help you prepare your heart and home for the birth of our Savior. Advent blessings,

*Alissa Case*

# *Little Way Chapel*

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